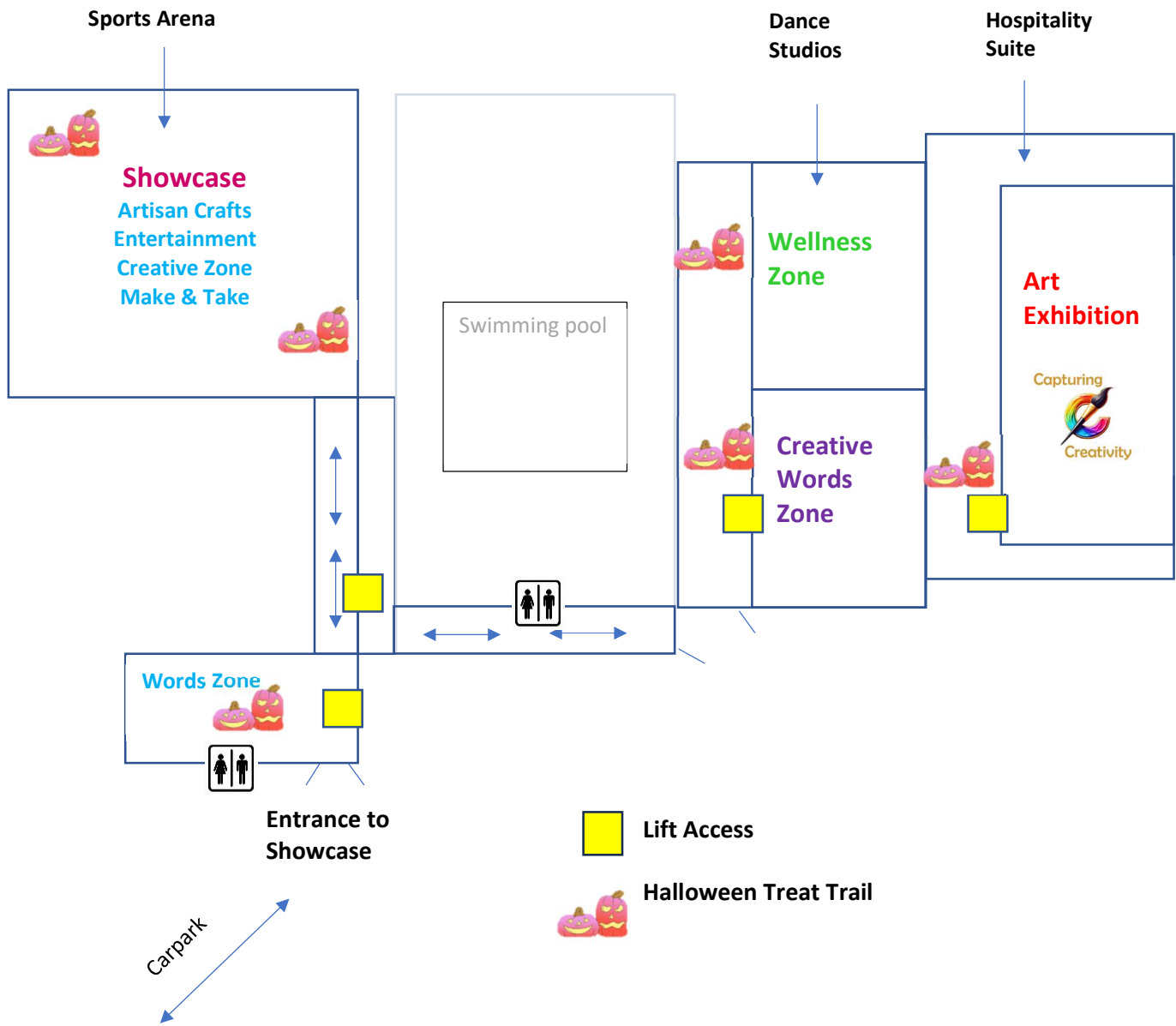


Welcome to

creative Showcase 24



Welcome to



Saturday 26th October 2024

Showcase 24 - Arena

Adam, our Showcase 24 Compere will entertain us all during the day

10:00 Opening – Bradley Thomas MP, Rev Khan, Town Cryer
Young Creators Online Exhibition winners' presentation
Court Leet ceremony and tasting
Aaron Corbett – Interactive Performance
Capturing Creativity Winners Announcement

13:00 Got to Sing Choir
Stage Door Dance Academy
All & Sundry – Extracts from the upcoming Robin Hood Panto
Aaron Corbett – Interactive Performance

Creative Words Zone – Reception

An interactive space meant to get you involved and inspire your next poem.

Wellness Zone - Dance Studios

Talks & Workshops

10:15 Anti-inflammatory diet
11:15 Meditation for Busy Minds
12:15 Feeding Resilience
13:00 Un-‘Boxing’ Stress
13:45 Walk the Walk & Talk the Talk
14:30 Crystals & Chakras Healing
15:15 Start your day with positivity

Movement & Meditation

10:15 Pelvic Health Pilates
11:00 The Power of Breath
11:45 Post-Natal Yoga & Meditation
12:30 Introduction to Yoga
13:15 Tai Chi & Qi Gong
14:15 Stressbox Workshop
15:30 Back Pain... Is it normal?

Capturing Creativity Art Exhibition – Hospitality Suite

Be sure to enter your favourite artwork into the Peoples Vote

Make & Take workshops – Arena

Workshops run on the hour for Mistletoe & Holly (resin), Decoupage Tote bag, personalised T-light holder, and silk hand-painted cards.

Just £10 for adults, £5 for children when accompanied by a paying adult.

Book your place on the stall

or via <https://www.ticketsource.co.uk/creative-art-showcase>

Welcome to



Sunday 27th October 2024

Showcase 24 - Arena

- 10:00** Adam, our Showcase 24 Compere will entertain us all during the day
SJP Theatre - Dance
All Round Voices Choir
- 12:00** MRIYA Dance Troupe
Sam Pitt - Solo Singer
Bel Canto Choir
Aaron Corbett – Interactive Performance

Creative Words Zone – Reception

An interactive space to come and get involved.

Wellness Zone - Dance Studios

Talks & Workshops

- 10:15** How to Meal Prep
11:15 Start Your Day with Positivity
12:00 How to Be a Happy Human
12:45 Mindset Mastery
13:30 Unlocking Your Energy
14:15 Meditation for Busy Mind
15:00 Feeding Resilience
15:45 The Power of Gratitude & Journaling

Movement & Meditation

- 10:15** Flourishing Family Pilates
11:00 Feel Good Yoga Flow
11:45 Tai Chi & Qi Gong
12:30 Movement is Medicine
13:15 Family Yoga
13:55 Chair Pilates
14:30 Crystals & Chakras Healing
15:15 Cacao & Dance (£4 pp)
16:00 Deep Rest Meditation

Capturing Creativity Art Exhibition – Hospitality Suite

Be sure to enter your favourite into the Peoples Vote

Make & Take workshops – Arena

Workshops run on the hour for Mistletoe & Holly (resin), Decoupage Tote bag, personalised t-light holder, and silk hand painted cards.

Just £10 for adults, £5 for children when accompanied by a paying adult.

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Upcoming events



Christmas Wreath Workshops

Create your own unique wreath using fresh foliage and embellishments that suit your individual taste.

30th November and 1st December

Avoncroft Arts Centre

6th and 7th December

Bromsgrove Golf Club

Creative Friends Workshops

Join our Creative friends workshops, taking place on the first Thursday of the month.

Next available 5th December at Destination Zone, Bromsgrove



Click to book your place

<https://www.ticketsource.co.uk/creative-art-showcase>



Please help us.

By completing the feedback form you are letting us know your thoughts on Showcase 24, helping us in our planning for Showcase 25, and securing funding for more Community events/workshops/popups

<https://forms.office.com/e/CVunR1FCQF>

Creative Art Showcase (CAS) is a 100% volunteer led registered charity.

Our mission is making Creativity in all its diverse forms accessible to all our communities, to achieve this we rely on donations and funding applications.

Any donation at Showcase 24 will enable CAS to continue vital work within the community.

We hope that we can inspire you and your families to help us bring Creativity into the lives of everyone in the community.

CAS provided workshops for Primrose Hospice, Parkinson Groups, BDHT and has run workshops to help mental health and well-being, overcoming social isolation, bringing together a creative community

At Creative we give over 100,000 hours of our time free every year to help make this happen. Every donation helps with materials to support this. If you would like to donate, please click the link <https://www.justgiving.com/campaign/creativeartshowcase>.

We hope you have enjoyed Showcase 24 as much as we have enjoyed planning and hosting, we look forward to seeing you at future CAS events.

Thank you

Creative Art Showcase Team



Scan QR Code for
Just Giving Page